**SoulCollage® Series Agenda**

**Introduction** to this creative and intuitive process. *(200 pesos)*

During this session you will get an overview of the SoulCollage® process, which includes: learning to trust your intuition; intuitive image gathering and card making; and giving voice to your cards using the ‘I AM ONE WHO…” voice. You will learn that some images are guides, allies or challengers and may represent internal voices or external ones. The story of you will begin to unfold before your eyes!

*(Series 200 pesos each session)*

1. Who am I? During this session you will learn **‘The Committee Suit’**, which is the psychological suit. This suit acknowledges the inner parts of one’s personality. Over time you will learn how to give voice to your various personality parts; the critic, the wounded child; the shy one; wonder woman; etc.
2. Honoring Your Friends, Family and Ancestors -- In this session we will make cards called **‘The Community Suit’** to honor the people, pets, family, and historical figures who have impacted our life and, in part, made us who WE ARE with their special gifts and challenges to us. Bring pictures of your community people if you wish.
3. Discovering archetypal patterns and forces that guide your life - In this session discover your own “Supreme Council” of wise beings you can consult to guide and direct your life. The cards in your **‘Council Suit’** are not just ANY wise beings they are YOUR wise beings: the archetypal forces that speak directly to you (if only you will identify them and listen!)
4. Revealing unacknowledged voices from deep within – In this session we will learn all about your animal totems, or power animals that correspond with the seven major chakras or energy centers. The animals in this suit are discovered through a guided imagery meditation. We call these cards **‘The Companion Suit’.**
5. Experiencing the One and the Many! During this session you will make what we call **‘The Transpersonal Cards’.** These three cards represent the Mystery from which all forms are manifested, the spark within us that is unique, and that part of us that can see us without judgment.
6. SoulCollage® uses C.G. Jung’s concept of the **Shadow**. In this process we do not contrast between good and evil; in other words, between positive/negative energy. In this session we learn which SoulCollage® cards have too much energy or not enough energy. As we look at our life story, we examine how we are moving towards balance. We will also demonstrate and experience how to read our cards to understand the value of having our own images speak to us from our soul.

*[Note: See me if the cost is prohibitive and you really want to participate in this process. I’m open to exchanges and will negotiate.]*