Inez Theresa Andrews

Inez Theresa Andrews began what she calls her archetypal/spiritual journey in 1969 by studying astrology on Long Island, New York. Over the next many years her journey included Transcendental Meditation, a member of Ananda Marga Yoga Society, a stint as an addiction therapist in Tucson, AZ where she attended workshops and training in: Gestalt Therapy, Bioenergetics, Transactional Analysis, and Rebirthing, as well as training in the Silva Method.

In 1979 she completed her B.S. degree in Health Care Management in Denver, CO and then opened a car repair business in the mountains outside Denver. *Our soul’s have interesting ways to guide our journey!*

In 1983 she studied at the Institute of Transpersonal Psychology in Boulder, CO where she took courses in Jungian Psychology. She also expanded her studies into Hebrew mysticism, Qabalah and the Tarot. The following few years she facilitated women’s spirituality groups, studied the intersection between Quantum Physics and spirituality as well as her lifelong love of Joseph Campbell’s work on mythology. In the early 90’s she began an M.A. program in Jungian Psychology and Archetypal Psychotherapy at Avalon Institute, in Boulder, Colorado, USA. This intense process of deep soul work led her to move to Kenya in 1992 where she began *new journeys*.

For the next twenty plus years she put all that soul work into humanitarian and development projects working in Kenya, Somalia, South Sudan, Rwanda, Azerbaijan and Kosovo. In 1999 she obtained an MA degree in International Development & Social Change from Clark University in Worcester, MA. She continued this new journey working for NGOs, the United Nations and the U.S government where she retired her career managing U.S. foreign aid for education programs.

When she retired in 2013, she settled in Florida and immediately delved into deep process work through art, psychology and spiritual reflection. She is a life-long learner with a new passion for the SoulCollage® process (soulcollage.com) that combines her life experiences together in a format where she can facilitate others to explore who they are, why they are here and enjoy the journey. She became a certified SoulCollage® facilitator in March 2015 and conducted SoulCollage® workshops in Florida, USA, Jimena de La Frontera, Spain, and San Miguel de Allende, Mexico. She now lives in San Miguel de Allende, MX and West Palm Beach, Florida, USA.